



KENDALL COUNTY HEALTH DEPARTMENT

811 W. John Street, Yorkville, Illinois 60560
0167

630/553-9100 Fax 630/553-

Tobacco Facts

- There are over 4,000 chemicals in one cigarette- 43 of those are known to cause cancer.
- Nicotine, a main ingredient in tobacco products, is more addictive than any illegal drug, including heroin and cocaine.
- Injecting all the nicotine in one pack of cigarettes directly into your body will kill you, but inhaling slowly, one at a time, makes you addicted.
- After smoking one pack of cigarettes per day for one year, a quart of tar is deposited and processed in the lungs of a smoker.
- Over 430,000 people die from smoking each year.
- Smoking is the most preventable cause of death in our society.
- 70% of all smokers report that they want to quit.
- Smoking kills more Americans each year than AIDS, homicide, suicide, heroin, cocaine, alcohol, fires, and automobile and airplane accidents **combined**.
- Tobacco is responsible for nearly one in five deaths in the United States.
- Approximately half of all continuing smokers die prematurely from smoking. Of these, approximately half die in middle age (35-69), losing an average of 20-25 years of life expectancy.

Illinois Stats

- 19,000 people die in Illinois each year from smoking.
- Total annual Illinois health care expenditures directly related to smoking is almost \$3 billion.
- Residents' tax burden caused by tobacco-related health costs is \$1.5 billion.
- 23% of adults in Illinois smoke.
- 60,000 youth under the age of 18 become new smokers each year.
- 35% of high school students are regular smokers.
- The number of youth, now under 18, who will die from smoking if current trends continue is 260,000.
- In Illinois 773,000 youth are exposed to secondhand smoke at home.